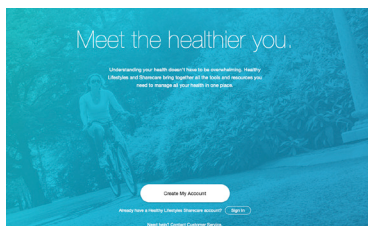


How to create your Healthy Lifestyles Sharecare account

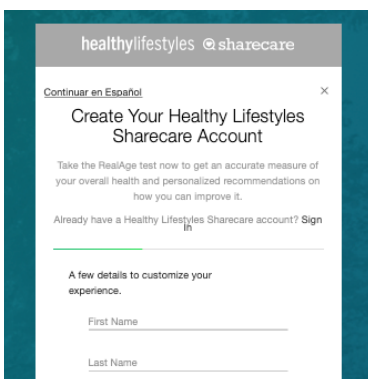
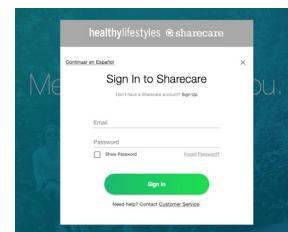


1. Go to MyHealthyLifestyles.com.

Click **Create My Account**.

Next time you can **Sign In** with your email address and password to go directly to your Sharecare timeline.

Forgot your email address or password?
Contact Customer Service at 877-252-8410.



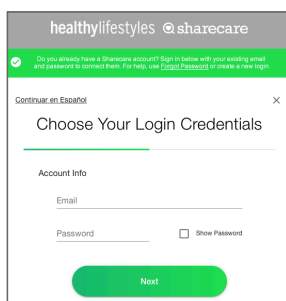
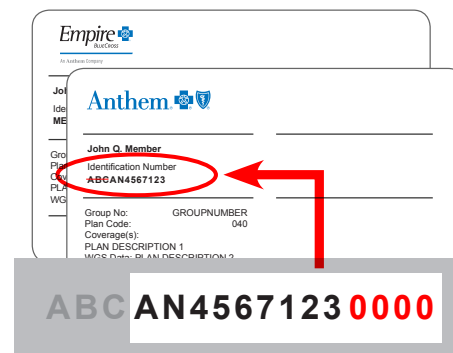
2. Create your account.

Enter your **First Name, Last Name, Gender, Date of Birth** and **Postal Code**.

To confirm your eligibility:

Enter the **Member ID** found on your Health ID card. *Note: Only enter the alpha-numeric ID after the 3-letter prefix, then add four zeros to the end. If you are not able to log in, try using your ID without the four zeros at the end.*

Click **Next** to continue.



3. Choose your login credentials.

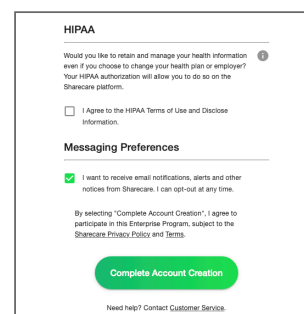
Enter your **Email Address** and create a **Password**.
(See TIP below.)

Click **Next** to continue.

4. Set your preferences.

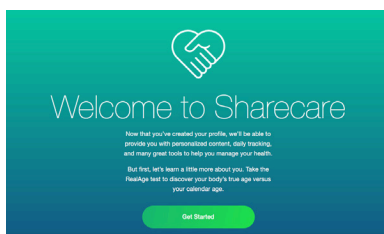
Agree to the GINA, HIPAA and Messaging Preferences.

Click **Complete Account Creation** to finish.



TIP: Remember your email address and password.

You will need them to sign in to your Healthy Lifestyles account on the Sharecare app. (You don't need to register again.)



5. You are registered!

Take the RealAge test.

Select **Get Started** to find out your body's true age.

Answer the questions on each screen. Click **Next** to continue. You can pause and come back at any time.

Once complete, you can choose health topics that are important to you - which will appear in your timeline.



6. Download Sharecare.

Use the app for the best experience. You will need your email and password to sign in.

Track your activities every day to earn green days and you could lower your RealAge. Plus, get motivated with fun challenges.

