

WAYNE CORPORATION EMPLOYEE ASSISTANCE PROGRAM

LIVE WEBINAR

HARNESSING THE POWER OF YOUR EMOTIONAL INTELLIGENCE

When: Tuesday, September 20th, 2016 at 11:00am CDT

Where: www.waynecorp.com

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Our EQ, Emotional Quotient, is our ability to understand, empathize and negotiate with others.

In this session we will define emotional intelligence, explore the four components of emotional intelligence, and learn to self-assess and regulate our own emotional responses.

