

**WHEN TRYING TO QUIT SMOKING,
SUPPORT CAN MAKE ALL THE DIFFERENCE.
#GASO**



*The Murray State University Health & Wellness Peer Educators
will be hosting a Great American Smokeout event on*

***November 16th at
Murray State University's
Curris Center Dance Lounge
9:00am-3:00pm***

Health education materials will be available about tobacco use along with health promotion tools to assist individuals in goal setting to quit tobacco use. Quit kits and information about free tobacco cessation in Calloway County will be distributed for free to those individuals wishing to quit tobacco.

If you have any questions, please feel free to contact Dr. Miranda Terry at mterry4@murraystate.edu or 270-809-3839

Thank You to our Sponsors:

*Calloway County Alliance for Substance Abuse Prevention (CC-ASAP) |
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WellCare Health Plans Community Health Investment Grant*