

Apply to Become a Peer Educator!

Interested in health & wellness? Want to get involved on campus? Want to become a student leader?

Peer Educators are undergraduate student leaders that help to encourage other students to make responsible and healthy choices regarding different health and wellness topics.

Sample health topics:

- alcohol awareness
- sexual assault prevention
- suicide prevention
- body image/eating disorders
- sexual health
- depression/anxiety
- sleep health
- fitness
- stress management
- nutrition

Benefits of Becoming a Peer Educator:

- Gain experience as a group facilitator and educator
- Leadership opportunities and development
- Knowledge and training on current health and wellness topics affecting college students
- Opportunity to earn academic credit
- Become a Certified Peer Educator



Interested students are required to:

- Submit a Health & Wellness Peer Educator Application Form
- Submit two (2) recommendation forms
- Application materials can be found at: www.murraystate.edu/pch/SHEA

If selected to become a Peer Educator, you will be **required** to:

- Complete required trainings (Wednesdays 3pm – 5pm)
- Hold 1 office hour a week
- Expected time commitment per week is approximately 3 hours
- Commit to serve as a Peer Educator for one academic year

For questions or inquiries, please contact the Peer Education Faculty Director, Dr. Miranda Terry, at mterry4@murraystate.edu or 270-809-3839.