MURRAY STATE UNIVERSITY

The value of PRIMARY CARE

Many people only think about going to the doctor's office when they get sick or injured. However, even the healthiest of people need routine health care.

What is Primary Care?

"Primary Care is your main point for health care services, addressing most of your health needs throughout your lifetime."

PCP Services Include:

- Preventive care & screenings
- Acute care diagnosis & treatment
- Chronic condition care

Having a PCP can help lower your over-all health care costs! How?

Care for a wide range of issues in one place

Referrals to specialists if needed

Manage existing conditions & detect problems early before they become serious (and expensive) problems

Take charge of your health today and schedule a check-up with your PCP.

Need help finding one in-network? Visit www.anthem.com or download the Sydney App.