Fees for Assessment Services

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>College Students</td>
<td>$50</td>
</tr>
<tr>
<td>Adult Education Student</td>
<td>$25</td>
</tr>
<tr>
<td>Non-Student Adults, Children, and Adolescents</td>
<td>Fee is based on a Sliding scale</td>
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</tbody>
</table>

Fees for Counseling Services

$10/Session. Fees are waived for all MSU students, faculty, and staff.

Group counseling fees are $50 for an 8-10 week group.

Payment is expected the day of service. We take cash or checks only and cannot accept credit cards or bill insurance.

Counseling and Assessment Center

- Counseling Services
- Assessment Services
- Consultations
- Presentations
- Workshops

Alexander Hall, 3rd Floor
Murray State University Campus
Murray, Kentucky
(On 16th St., just south of Chestnut St.)
Please call for exact address.

To make an appointment for Assessment Services call:
Mardis Dunham, Ph.D.
Licensed Psychologist (KY)
Certified School Psychologist (KY)
Assessment Clinic Coordinator
(270) 809-6466
or
Colleen Anderson
Administrative Assistant
(270) 809-2793

To make an appointment for Counseling Services call:
Kristin Douglas, Ph.D., L.P.C.C., N.C.C., B.C.B.
Licensed Professional Clinical Counselor (KY)
Counseling Clinic Coordinator
(270) 809-3822

Please leave a message. We will call to schedule your appointment as soon as possible.

Days and Hours of Operation

Counseling Assessment Services are typically provided during normal work hours Monday through Thursday. Times and days may vary for group sessions. Call the Clinic Coordinators for specific availability.

During fall and spring semesters, dates of operation are from September 1st to December 1st, and February 1st to May 1st.

Please note: The Counseling and Assessment Center is closed during university closures and during the summer months.

Making an Appointment

Our Location

http://www.murraystate.edu/coehs

http://www.murraystate.edu/coehs
The Counseling and Assessment Center within the College of Education and Human Services, is housed in Alexander Hall on the Murray State University campus. We provide affordable psychoeducational consultation, evaluation, and counseling services to Murray State University students, faculty, and staff, as well as to members of the Murray community and the surrounding counties. We serve adults, adolescents, and children.

Assessment Services

Our comprehensive evaluations are individually structured to assess the individual’s strengths and functional limitations and to generate recommendations and interventions to address those limitations. We specialize in:

* Mood Disorders
* Learning Problems
* ADHD
* Gifted
* Autism
* Childhood behavior problems

Our consultation consists of an intake and clinical interview, behavior and personality testing, and individually administered tests that assess reasoning, memory, and academic skill. You should allow a minimum of four hours for the interview, assessments, and other procedures. After the tests and procedures are completed, we will provide you with a report and invite you back to review the findings.

Counseling Services

In counseling you will talk about personal challenges or concerns with an objective person, who has training in counseling skills. Our counselors can help you:

* Identify and work through difficult thoughts, feelings, and emotions
* Make sense of difficult experiences
* Find new ways to reframe challenges you may be facing
* Help improve coping skills
* Explore healthy solutions

Common reasons individuals seek counseling:

* Anxiety
* Panic Attacks
* Excessive Worry
* Grief and Loss
* Depression
* Identity Issues
* Self-Esteem
* Time Management

* Relaxation Training
* Stress Management
* Performance Anxiety
* Test Anxiety
* Academic Frustrations
* Relationship Challenges
* Confidence Issues
* Adjustment Challenges

Our Center and Services

Assessment Staff

All evaluations are conducted by appropriately trained and experienced graduate student school psychologists-in-training under the direct supervision of Dr. Mardis Dunham, Licensed Psychologist, Certified School Psychologist, and Assessment Clinic Coordinator.

Kristin Douglas, Ph.D., L.P.C.C., N.C.C., B.C.B.
Counseling Clinic Coordinator

Counseling Staff

All services are provided by graduate student counselors-in-training through MSU’s Counseling Program under the direct supervision of Dr. Kristin Douglas, Licensed Professional Clinical Counselor, and Counseling Clinic Coordinator.

Mardis Dunham, Ph.D.
Assessment Clinic Coordinator

Kristin Douglas, Ph.D., L.P.C.C., N.C.C., B.C.B.
Counseling Clinic Coordinator