EDUCATIONAL STUDIES, LEADERSHIP & COUNSELING

College of Education

MURRAY STATE UNIVERSITY

The Clinical Mental Health Program is designed to prepare professional counselors to provide individual, group, marriage, couple, and family counseling in various settings (e.g., agencies, private practice, etc.). In addition to training students in the foundational areas of counseling (i.e., theories of counseling, foundational counseling skills, professional issues in counseling, etc.), coursework for this program will provide training in advanced counseling skills and supervision, diagnostic techniques and treatment planning, research, addictions, and multicultural counseling.

The Specialist in Education (Ed.S.) in Clinical Mental Health Counseling is designed for the student who plans to provide clinical services in agencies, private practice, and other settings as a licensed professional counselor. This program of study meets all requirements as outlined by the Kentucky Board of Licensed Counselors for licensure as a Licensed Professional Clinical Counselor (LPCC) in Kentucky (and may lead to licensure in other states depending on their requirements).

Course Requirements:

Total Course Requirements.....60 hours

- ADM 630 Methods of Research
- CNS 617 Introduction to Counseling
- CNS 618 Issues in Mental Health Counseling
- CNS 619 Foundational Counseling Techniques
- CNS 624 Theories of Counseling
- CNS 625 Legal and Ethical Issues
- CNS 635 Human Development
- CNS 671 Multicultural Counseling
- CNS 676 Clinical Diagnosis and Treatment Planning
- CNS 683 Tests and Measurements
- CNS 686 Career Counseling
- CNS 689 Individual Testing
- CNS 692 Group Counseling
- CNS 694 Advanced Counseling and Supervision
- CNS 722 Substance Abuse and Addictions Counseling
- CNS 725 Middle/Secondary School Counseling
- CNS 734 Marriage and Family Counseling
- CNS 746 Wellness and Prevention Approaches
- CNS 790 Practicum
- CNS 794 Internship I
- CNS 795 Internship II

Approved Elective (3 hrs) chosen from the following:

- CNS 748 Expressive Activities Counseling
- CNS 752 Trauma and Crisis Counseling
- CNS 760 Eating Disorders and Body Image Counseling

For more information on the
Clinical Mental Health Counseling program, contact:
Dr. Samir Patel, Assistant Professor
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